

WEST CENTRAL BREAKFAST & LUNCH MENU

August 2023

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is subject to change	1	2	3	4
7	8	9	10	11
14	15	16	17	18
			Poptart	Waffles / Syrup
21 Tornados	22 Muffins	23 Pancakes / Syrup	24 Bagels / Cream Cheese	25 Banana Bread
28 Egg & Cheese Biscuit	29 French Toast Sticks	30 Nutri-Grain Bar	31 Pancake Sausage Sticks / Syrup	
				Milk is served daily. Offered daily: cereal, fruit, yogurt

LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
			Tenderloin / Bun Tater tots, Green Beans Pears	Pizza Corn, Peaches Bug Bites
21 Grilled Chicken / Bun Romaine Lettuce, Diced Tomatoes, Shredded Cheese, Mixed Fruit	22 Maidrite / Bun French Fries, Celery Sticks Pickles, Onions Applesauce	23 Corn Dog Peas, Chips Mandarin Oranges	24 BBQ Rib Patty / Bun Cooked Carrots Pickles Pineapple	25 Crispitos Cheese Sauce, Salsa Fresh Broc. & Cauliflower Pears
28 Hot Dog / Bun Hash Browns, Baked Beans Peaches	29 Chicken Strips BBQ Sauce / Ranch Corn, Pineapple Rice Krispie Treats	30 Goulash Mixed Vegetables Apple Slices Bread & Butter	31 Cheeseburger / Bun Broccoli & Cheese Pickles Mixed Fruit	
				Milk is served daily